

CQIC Asthma Learning Log A: Learning from practice performance assessment (Category 1 CME Credits = 5)

General Instruction: This Asthma Learning Log A form has been prepared by Clinical Content Consultants and Memorial Hermann Office of Continuing Medical Education as part of the CQIC Asthma Project. The purpose of this form is to help you to learn and make changes in your practice, and to satisfy the requirements for CME credit.

Please submit a copy of the completed Asthma Learning Log A to:

Gayla Bruner, RN, BSN, CCMEP
 Office of Continuing Medical Education
 9301 SW Freeway, Suite 470
 Houston, Texas 77074
 Office 713-448-5101
 Fax 713-448-4542

Provider Name: _____

Date of Learning Log Entry: _____

Organization: _____

e-mail: _____

Part 1: Please review your baseline performance data, enter results below, and set your Performance Improvement Goals.

Based on the **2007 NHLBI Guidelines for the Diagnosis and Management of Asthma**; <http://www.nhlbi.nih.gov/guidelines/asthma/>

Performance Measure	Best Practice	Baseline		Performance Improvement Goals	
		Group	Provider	Group	Provider
Initial Asthma Severity Rating	Close to 100%				
Asthma Control Assessment	Close to 100%				
Written Asthma Management Plan	Close to 100%				
Asthma Control = Well Controlled	Close to 100%				
Asthma Control = Not Well Controlled	Close to 0%				

Part 2: Please complete the CQIC Asthma/PI CME Pre-test below (circle the best answer)

1. When should an asthma severity assessment be completed?
 - a.) at initial presentation before treatment has been started
 - b.) at every asthma encounter
 - c.) once the patient's asthma symptoms are well controlled (optional)
 - d.) a & c above

2. What is the initial asthma severity determination used for?
 - a.) to predict morbidity risk
 - b.) to predict mortality risk
 - c.) to determine the appropriate Step Therapy treatment plan
 - d.) none of the above

3. When should an asthma control assessment be completed?
 - a.) at initial presentation before treatment has been started
 - b.) at every asthma encounter
 - c.) once the patient's asthma symptoms are well controlled (optional)
 - d.) a & c above

4. Components of an Asthma Management Plan should include:
 - a.) patients name and date completed
 - b.) personal best peak flow, predicted peak flow, and best working peak flow
 - c.) green, yellow, and red zone medications and actions based on symptoms and/or peak flows
 - d.) all of the above

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- 5. Best working peak flow is equal to:
 - a.) personal best peak flow
 - b.) predicted peak flow
 - c.) personal best peak flow or 80% of predicted peak flow whichever is greater
 - d.) personal best peak flow or predicted peak flow if the personal best peak flow is less than 80% of predicted
 - e.) none of the above

- 6. An asthma severity rating after well controlled is determined based on:
 - a.) personal best peak flow and/or PFT's
 - b.) class of medication required to control symptoms
 - c.) answers to questions based on current symptom frequency
 - d.) a & c above
 - e.) a, b, & c above

- 7. True or False:
All patients with asthma should be on a controller medication: True False

- 8. True or False:
For patients with persistent asthma, inhaled corticosteroids are the preferred controller medication: True False

- 9. The strength of inhaled corticosteroid (ICS) is determined by:
 - a.) patient's age
 - b.) the type of ICS used (brand)
 - c.) the daily amount used (sig.)
 - d.) is best determined using an ICS Age-Dose Chart
 - e.) all of the above

- 10. True or False: Asthma education can only be provided by a certified asthma education program: True False

Part 3: Please review and confirm the quality improvement processes below you plan to implement (initial each process and enter an anticipated completion date).

1. What do you plan to do to reach the goals that you set up?

Process	Providers Initials	Anticipated Date
View the CQIC-7_Asthma_Management.pptx and/or Video		
Receive training on the Asthma Q&E-CCC forms (HPI & A&P)		
Implement the Asthma Q&E-CCC forms (HPI & A&P)		

2. What will you change or do differently in your clinical practice?

Process	Providers Initials	Anticipated Date
Use the Asthma Q&E-HPI-CCC for all asthma visits		
Perform an initial asthma severity rating on all patients with asthma using the Asthma Q&E-HPI-CCC form for all asthma visits		
Perform an asthma control assessment at each asthma follow-up visit using the Asthma Q&E-HPI-CCC form		
Create (and keep current; review/edit) an Asthma Management Plan for all patients with asthma at each visit using the Asthma Q&E-A&P-CCC form		
Run asthma quality improvement inquiries (reports) at defined intervals and review the results		

Congratulations! You have completed Stage A of the Asthma Performance Improvement.

Be sure and self-report Category 1 CME: 5 Hours to the AMA or AAFP

Please keep a copy for your records.

CQIC Asthma Learning Log B: Learning from the application of PI to patient care (Category 1 CME Credits = 5)

General Instruction: This Asthma Learning Log B form has been prepared by Clinical Content Consultants and Memorial Hermann Office of Continuing Medical Education as part of the CQIC Asthma Project. The purpose of this form is to help you to learn and make changes in your practice, and to satisfy the requirements for CME credit.

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e-mail: _____

Part 1: Please document the dates of completion of each step of the CQI Asthma Process below:

Process	Providers Initials	Date Completed
Viewed the CQIC-7_Asthma_Management.pptx and/or Video		
Trained on the Asthma Q&E-CCC forms (HPI & A&P)		
Implemented the Asthma Q&E-CCC forms (HPI & A&P) "Go-Live" Date		
Follow-up training / Q&A session of the Asthma Q&E-CCC forms (HPI & A&P) after "go live"		

Part 2: Enter the percent of time you feel you do the following CQI processes using the Asthma Q&E-CCC forms (HPI & A&P) and document reasons why or times when not performed

Process	Percent of Time Utilized	Reasons Not Used / Times Not Performed
Use the Asthma Q&E-HPI-CCC for asthma visits		
Perform an initial asthma severity rating on all patients with asthma using the Asthma Q&E-HPI-CCC form for all asthma visits		
Perform an asthma control assessment at each asthma follow-up visit using the Asthma Q&E-HPI-CCC form		
Create (and keep current; review/edit) an Asthma Management Plan for all patients with asthma at each visit using the Asthma Q&E-A&P-CCC form		

Part 3: Please complete the CQIC Asthma/PI CME Post-test below (circle the best answer)

1. When should an asthma severity assessment be completed?
 - a.) at initial presentation before treatment has been started
 - b.) at every asthma encounter
 - c.) once the patient's asthma symptoms are well controlled (optional)
 - d.) a & c above

2. What is the initial asthma severity determination used for?
 - a.) to predict morbidity risk
 - b.) to predict mortality risk
 - c.) to determine the appropriate Step Therapy treatment plan
 - d.) none of the above

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3. When should an asthma control assessment be completed?
 - a.) at initial presentation before treatment has been started
 - b.) at every asthma encounter
 - c.) once the patient's asthma symptoms are well controlled (optional)
 - d.) a & c above

4. Components of an Asthma Management Plan should include:
 - a.) patients name and date completed
 - b.) personal best peak flow, predicted peak flow, and best working peak flow
 - c.) green, yellow, and red zone medications and actions based on symptoms and/or peak flows
 - d.) all of the above

5. Best working peak flow is equal to:
 - a.) personal best peak flow
 - b.) predicted peak flow
 - c.) personal best peak flow or 80% of predicted peak flow whichever is greater
 - d.) personal best peak flow or predicted peak flow if the personal best peak flow is less than 80% of predicted
 - e.) none of the above

6. An asthma severity rating after well controlled is determined based on:
 - a.) personal best peak flow and/or PFT's
 - b.) class of medication required to control symptoms
 - c.) answers to questions based on current symptom frequency
 - d.) a & c above
 - e.) a, b, & c above

7. True or False:
All patients with asthma should be on a controller medication: True False

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8. True or False:
For patients with persistent asthma, inhaled corticosteroids are the preferred controller medication: True False
9. The strength of inhaled corticosteroid (ICS) is determined by:
a.) patient's age
b.) the type of ICS used (brand)
c.) the daily amount used (sig.)
d.) is best determined using an ICS Age-Dose Chart
e.) all of the above
10. True or False: Asthma education can only be provided by a certified asthma education program: True False

**Congratulations! You have completed Stage B of the Asthma Performance Improvement.
Be sure and self-report Category 1 CME: 5 Hours to the AMA or AAFP**

Please keep a copy for your records.

CQIC Asthma Learning Log C: Learning from the evaluation of the PI effort (Category 1 CME Credits = 5)

General Instruction: This Asthma Learning Log C form has been prepared by Clinical Content Consultants and Memorial Hermann Office of Continuing Medical Education as part of the CQIC Asthma Project. The purpose of this form is to help you to learn and make changes in your practice, and to satisfy the requirements for CME credit.

Please submit a copy of the completed Asthma Learning Log A to:

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Organization: _____

e-mail: _____

Part 1: Please review your post-Asthma CQIC/PI CME quality performance data, enter results below, and document if your Performance Improvement Goals were “Met” or “Not Met”.

Based on the **2007 NHLBI Guidelines for the Diagnosis and Management of Asthma;** <http://www.nhlbi.nih.gov/guidelines/asthma/>

Performance Measure	Best Practice	Baseline		Performance Improvement Goals (“Met” or “Not Met”)	
		Group	Provider	Group	Provider
Initial Asthma Severity Rating	Close to 100%				
Asthma Control Assessment	Close to 100%				
Written Asthma Management Plan	Close to 100%				
Asthma Control = Well Controlled	Close to 100%				
Asthma Control = Not Well Controlled	Close to 0%				

Part 2: Please answer the questions, in detail, below:

1. Identify at least one area for future improvement in the current or future process of asthma CQI:
2. Identify at least one additional “gap” in patient care of patients with asthma for future improvement:

Part 3: Please complete the questions below:

1. List the four (4) different categories of Asthma Severity:
2. List the three (3) different categories of Asthma Control:
3. List the key components of an Asthma Management Plan:

**Congratulations! You have completed Stage C of the Asthma Performance Improvement.
Be sure and self-report Category 1 CME: 5 Hours to the AMA or AAFP
Please keep a copy for your records.**

Part 4: Please initial to confirm submission of Stages A, B, and C of the Asthma Performance Improvement below to qualify for an additional 5 Category 1 CME Credits:

Stage	Category 1 CME Credits	Completed & Submitted
A: Learning from practice performance assessment	5	
B: Learning from the application of PI to patient care	5	
C: Learning from the evaluation of the PI effort	5	
Successfully completed Stages A, B, and C	5	
Total Category 1 CME Credits Earned:	20	

Congratulations! You have completed Stages A, B, & C of the Asthma Performance Improvement.

Be sure and self-report additional Category 1 CME: 5 Hours to the AMA or AAFP

(Total = 20 Hours)

Please keep a copy for your records.